

SPRING ~ SUMMER 2015 PROGRAMS

Lexington Recreation Department



Town of Lexington Recreation Department

1625 Massachusetts Avenue, Lexington, MA 02420

OFFICE: 781-698-4800

FAX: 781-861-2747

Cancellation Line: 781-698-4810

Email: recdept@lexingtonma.gov

www.lexingtonma.gov/recreationdepartment.cfm

Spring & Summer Registration Begins on March 2, 2015



GENERAL INFORMATION

Mission Statement

The Lexington Recreation Department strives to provide affordable, quality programs meeting the needs of the community. We are committed to providing quality recreational services which are educational, fun and rewarding. The Recreation Department promotes participation by all Lexington citizens in diverse, interesting and high-quality recreational and leisure opportunities in safe, accessible and well-maintained park and recreation facilities.

Recreation Committee

Rick DeAngelis, Chairman
Sandra Shaw
Wendy Rudner
Lisah Rhodes
Ruixi Yuan

Recreation Staff

Karen Simmons, CTRS, CPRP—Director of Recreation
Sheila Butts, CPSI — Assistant Director
Peter Coleman, CPRP, CYSA — Recreation Supervisor
Melinda Corssino—Administrative Assistant
Cherie Robinson—Department Clerk

Enterprise Fund

The Recreation Department has operated as an Enterprise Fund since 1991. Recreation programs are self-supported by setting fees to cover all expenses. The Director of Recreation, through the Recreation Committee, sets fees with the approval of the Board of Selectmen. The Recreation operating budget supports staff who manage and deliver recreation programs along with the materials and supplies needed to operate these programs. Surplus revenue generated through the Recreation Enterprise Fund (Recreation and Pine Meadows Golf Club) helps fund Capital Improvement Projects and financially supports some services provided to Recreation by other Town departments, and payment of \$100,000 per year towards the Lincoln Park debt.

Registration Information

Online registration is the **preferred method and strongly recommended** for all programs except swim tag sales. Go to: www.lexingtonma.gov/recreationdepartment.cfm. We also accept walk-in registration and mail-in registration as long as space is available. Feel free to familiarize yourself with the website prior to registration. Registration is first come, first served and 100% of all program spaces will be available online as of March 2, 2015 at 12:01 a.m. Resident walk-in registration also begins on March 2, 2015 at 8:30 a.m. Non-resident walk-in and mail-in registration for non-aquatics programs begins March 16, 2015. There is a \$5.00 (youth) or \$10.00 (adult) additional fee for non-resident program registrations. We accept cash, check, MasterCard, VISA, or Discover for mail-in or walk-in registration; credit cards only for online registration. Non-resident swim tag sales will take place Monday, March 2 to Friday, March 6, 9:00 a.m.—3:30 p.m. at the Recreation Office on the second floor of the Town Office Building.

Refund Policy

The Lexington Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. Programs are subject to change in personnel. The Recreation Department does not confirm program registrations. **You must be pre-registered to attend all programs.**

- All refunds will be issued in the form of a check from the Town Treasurer's Office. **Refunds to credit cards are not permitted.** Please allow 3–4 weeks for processing of refunds.
- If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund.
- Refunds, less the minimum \$10.00 non-refundable deposit*, may be given to a participant who withdraws from a program **two weeks** or more prior to the start of the program. To be eligible for a refund, the request must be in the form of a letter or email to the Recreation Department stating the reason for withdrawing and the participant's name and address.
- Refunds may be given for medical reasons which arise less than two weeks prior to the start of a program. To be eligible for such a refund, the request must be in the form of a letter to the Recreation Department, accompanied by a physician's letter. The minimum \$10.00 non-refundable deposit* will be deducted from the refund. In the event that a medical issue arises after the start of a program, the refund may be prorated.
- In the event of weather cancellations the Recreation Department will offer make-up sessions. Refunds or credits will not be given if make-up classes are scheduled and held, but a participant is unable to attend.
- Participants who withdraw from a program five business days prior to the start of a program may receive a **credit**, less the minimum \$10.00 non-refundable deposit*, towards another Recreation program provided that a waitlist participant fills the spot and/or the minimum level of participants has been reached.
- Participants who withdraw from a program less than five business days prior to the start of the program are **not eligible for a refund or credit** as program expenses (staffing and supplies, etc.) will have been incurred. Refunds or credits will not be given for early termination of a program by the participant.
- **Program Transfers**—If space allows, participants will be permitted to switch/transfer to another class or program. A \$10.00 processing fee will be assessed and must be paid by check or cash, when requesting the transfer. Should the program the participant is transferring into have a higher fee, he/she will be expected to remit the transfer fee and the difference at the time of requesting the transfer.

* **Please note:** Some programs have a different minimum deposit or refund/credit policy, which are noted in the program



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PRE-REGISTRATION IS REQUIRED FOR ALL DEPARTMENT PROGRAMS



The registration deadline for spring programs is one week before the start of the program. Should a program not achieve the minimum number of participants required to financially support the activity, the program will be cancelled and registrants will be notified by email and a full refund or credit will be given.

Program Fees will increase by \$ 10 on May 1, 2015. Register early and save money!

HELPFUL TELEPHONE NUMBERS, EMAIL AND WEB SITES

Recreation Department	recdept@lexingtonma.gov	(781) 698-4800
Recreation Program Online Registration	www.lexingtonma.gov/recreationdepartment.cfm	
Recreation Program Recorded Information & Cancellations		(781) 698-4810
Recreation Department Facebook Page	www.facebook.com (search Lexington, MA Recreation Department)	
Battle Green Tennis League	www.battlegreentennis.com	
Coed Softball	pcoleman@lexingtonma.gov	
Lexington—Bedford Youth Hockey	www.lbyh.net	
LBH Pop Warner Football	www.lbhpopwarner.com	
Lexington Babe Ruth League	www.lexington.baberuthonline.com	
Lexington Blue Sox	www.lexingtonbluesox.com	
Lexington Chamber of Commerce	www.lexingtonchamber.org	(781) 862-2480
Lexington Coed Adult Soccer	franco.diaz@att.net	
Lexington Community Education	www.lexingtoncommunityed.org	(781) 862-8043
Lexington Little League	www.lexingtonlittleleague.org	
LEX FUN (formerly Lexington Preschool PTA)	www.lexfun.org	
Lexington Human Services & Muzzey Senior Center	www.lexingtonma.gov	(781) 861-0194
Lexington Youth Basketball	www.lexhoops.com	
Lexington Youth Lacrosse	www.lexingtonlax.org	
Lexington United Soccer Club	http://lexingtonunited.org	
Lexpressas Women over 40 Soccer	www.lexpressas.org	
Men's Senior Softball	lexsoftball@gmail.com	
Men's Summer Basketball	pcoleman@lexingtonma.gov	
Mom's on the Mound	sbutts@lexingtonma.gov	
Special Needs Arts Programs, Inc.	info@Snapsing.org	
Visitor's Center		(781) 862-1450



May 9 - 17, 2015

Visit our website for a calendar of FREE events including guided bike rides, walking tours, educational programs for kids and more!
What a glorious morning to leave your car at home!

www.LexBikeWalkBusWeek.org



240th PATRIOTS' DAY WEEKEND CELEBRATION ~ APRIL 18—20, 2015



Saturday, April 18th

- 10:00 a.m. Parker's Revenge Salute ~Battle Green to Minuteman National Park
- 10:00 a.m. - 4:00 p.m. Buckman Tavern, Hancock Clarke House and Munroe Tavern Tours
- 1:30—2:00 p.m. Parkers Revenge Ceremonial Salute & Reenactment ~Marrett Road & Old Massachusetts Avenue
- 4:00 p.m. Tower Park Battle—Tower Park, Massachusetts Avenue ~ www.battleroad.org

Sunday, April 19th

- 10:00 a.m.—4:00 p.m. Buckman Tavern, Hancock Clarke House and Munroe Tavern Tours
- 8:00 p.m. "IN THEIR OWN WORDS" A dramatic telling of the Battle of Lexington using first person accounts from the archives of the Lexington Historical Society~ Pilgrim Congregation Church
- 8:00 p.m. Candlelit Concert of Colonial Songs ~Lexington Depot
- 11:30 p.m. Paul Revere Ride Re-enactment ~ Hancock-Clarke House

Monday, April 20th

- 5:30 a.m. "The Alarm" at the Old Belfry, Belfry Hill
- 5:30 a.m. Reenactment of the Battle of Lexington on the Battle Green (Dress Rehearsal— April 6th @ 2PM)
- 6:00—10:00 a.m. Pancake Breakfasts (Boys Scout Troop 160 @ St. Brigid Church, First Baptist Church of Lexington, Church of Our Redeemer)
- 6:30—8:00 a.m. Buckman Tavern Tours
- 7:30 a.m. Lexington Sunrise Youth Parade (Munroe Cemetery to Battle Green)
- 8:15 a.m. Patriots' Day Ceremonies on the Battle Green
- 8, 9, 10 & 11a.m. "First Shot! The Day the Revolution Began"- Movie Screening and Q.& A. at the Lexington Depot
- 10:00 a.m. Lexington Lions Club 101st Annual Five Mile Road Race ~ <http://www.lexingtonlions.org>
- 10:15 a.m. Lexington Minute Men Company/DAR Memorial Decoration on the Battle Green
- 11:00 a.m. U.S.S. Lexington Memorial Ceremonies at the Visitors Center
- 11:15 a.m. Concert of Patriotic Music—Hancock Church
- 12:30 p.m. Float Judging—Massachusetts Avenue, East Lexington
- 1:00 p.m. Paul Revere arrives at the Battle Green on Horseback
- 2:00 p.m. Patriots' Day Afternoon Parade (Massachusetts Avenue & Maple Street to Town Pool Parking Lot)

Town of Lexington—Town Celebrations Committee

Recorded information: (781) 698—4640

Please Note: Patriots' Day schedule and times are subject to change.

For updated information go to: <http://www.lexingtonma.gov/committees/patriotsday.cfm>



APRIL VACATION PROGRAMS

APRIL VACATION CHESS CLINIC

Join U.S. Chess Federation expert **Jim Della Selva** for a Spring Vacation Chess Clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in daily matches.

Fee: \$125
Ages: 6–15
Dates: April 21–24
Time: 10:00 a.m.—12:00 noon
Location: Cary Library

F.A.S.T. ATHLETICS APRIL VACATION PROGRAM

F.A.S.T. Athletics is offering a great Tuesday-Friday April vacation sports program from 9:00 a.m. to 12:00 noon! This program offers a variety of sports such as: soccer, basketball, pillo polo, dodge ball, world cup soccer and kickball ! The sports go on. Tons of tournaments and exciting games will be played all week long!!! **Please note: This program will be held RAIN or SHINE. Wear weather appropriate clothing!**

Fee: \$110
Ages: 6–12
Dates: Tuesday–Friday,
April 21–24
Time: 9:00a.m.—12:00 noon
Location: Center Recreation
Complex Field

APRIL VACATION “CAMPS” FOR KIDS AT PINOT’S PALLETTE, 7a Meriam Street, Lexington

Butterfly Secret Garden—April 20th

Spring in bloom! Little artists will create their own spring garden as they explore various painting techniques and uncommon objects to create their artwork. The story lines are limitless—it’s time for butterflies, flowers and little critters to come alive!

Fee: \$50
Ages: 6–11
Dates: Monday, April 20
Time: 9:00a.m.—1:00 P.M.

Button Tree and Yarn Flowers—April 21st

Instructor will lead kids through making a beautiful tree painting that is adorned with colorful buttons as leaves and hay as the nest for a cute painted baby bird. We will also craft yarn flowers with multicolored yarn, paper plates, and Popsicle sticks.

Fee: \$50
Ages: 6–11
Dates: Tuesday, April 21
Time: 9:00a.m.—1:00 P.M.

3D Flower Painting—April 22nd

Instructor will lead kids through making a beautiful 3D flower painting by using recycle paper towel rolls, paint, glue, and glitter!

Fee: \$50
Ages: 6–11
Dates: Wednesday, April 22
Time: 9:00a.m.—1:00 P.M.

Mixed Media Self Portrait—April 23rd

Picture perfect! Young artists will create a personal self-portrait using mixed media materials and acrylic paint. A great piece to display in your home and a wonderful way for your young artist to him or herself. (After registering for this class, please email Pinot’s Pallette an image of your child so it can be transferred onto canvas prior to class. Deadline for image submission is April 21st)

Fee: \$50
Ages: 6–11
Dates: Thursday, April 23
Time: 9:00a.m.—1:00 P.M.

Into the Woods—April 24th

Into the woods we go! Each little artist will develop two main characters to create a narrative journey through the woods. Using acrylic paints, various types of paper and materials from nature, artists will bring their story to life.

Fee: \$50
Ages: 6–11
Dates: Friday, April 24
Time: 9:00a.m.—1:00 P.M.



SPRING PRE-SCHOOL, YOUTH AND TEEN PROGRAMS

BUDA ULTIMATE FRISBEE

BUDA and Lexington Recreation are once again teaming up to provide a great introduction (and more) to Ultimate Frisbee. This fun, fast-paced sport is very popular at colleges and high schools (including LHS), as well as in adult recreation leagues. The program is designed to teach kids all the skills they need in order to play and have fun.

Fee: **\$86**
Ages: 8–14 (grades 3–8)
Dates: Sundays, May 3–June 21
U12 Time: 2:00–3:30 p.m.
U14 Time: 3:30–5:00 p.m.
Location: Diamond Middle School

LIGHTNING TRACK

This 6-week program is designed to introduce students to the world of track and field. Participants will learn proper stretching, warm-up and cool-down techniques and build the necessary skills to participate in our annual end of the season meet.

Fee: **\$80**
Ages: 7+
Dates: Wednesdays, April 29–June 3
Time: 6:00–7:00 p.m.
Location: Center Recreation Complex Track

BABYSITTER TRAINING

The newly revamped babysitter training program prepares boys and girls to become babysitters. Students learn by participating in group discussions and activity periods.

Fee: **\$100**
Ages: 11–18
Dates: Thursdays, March 19–April 9
Time: 6:30–8:30 p.m.
Location: Town Office Building

ELEMENTARY ART CLASSES AT PINOT'S PALLETTE

Explores all facets of art: composition, color relationships, texture, patterns, mixed media and collage. Little artists will improve their observational and painting skills to create unique works of art.

Fee: **\$350**
Ages: 6–11
Dates: Thursdays, April 2–June 11
 (no 4/23)
Time: 3:30–5:30 p.m.

MIDDLE SCHOOL ART CLASSES AT PINOT'S PALLETTE

Enable your little artist to develop and expand their creative process. Students will explore acrylic painting techniques, mixed media, and collage to express their artistic voice and develop personal works of art. Artistic creation is focused on a self portrait series for the first half of the session. For the last half of the session, students will develop a personal painting series that showcases their unleashed inner artist. Upon series completion, students will have a open gallery show in our studio to invite family and friends to see their work.

Fee: **\$350**
Ages: 11–15
Dates: Fridays, April 3–June 12
 (no 4/24)
Time: 3:30–5:30 p.m.

SUPER SOCCER STAR SPRING PROGRAMS

Join Super Soccer Stars for some outdoor soccer fun this spring! Super Soccer stars will be offering their unique program on Saturday mornings for boys and girls age 2–7 and will also offer the Wednesday Kick and Play program for children ages 12 to 24 months with a caregiver. SHINE classes for individuals with developmental disabilities will take place on Saturday mornings.

Wednesday classes will be held at the Muzzey Field on Massachusetts Avenue, adjacent to the Muzzey Condominium Building.

Saturday classes will be held at the Hastings School Field on Crosby Road off of Massachusetts Avenue.

PLEASE NOTE: all registration for Saturday and Wednesday Super Soccer Stars programs must be done directly through Super Soccer Stars. You may register online by going to: www.supersoccerstars.com and clicking on the "Boston" tab to access the schedule.



SPRING PRE-SCHOOL, YOUTH AND TEEN PROGRAMS

VIKING SOCCER CLINIC

Introduction to Soccer for pre-schoolers, with Viking Sports Program staff. Children should bring their own soccer ball and wear sneakers and shin guards. Parent must remain with child at program.

Fee: \$80
Ages: 4 & 5
Dates: Fridays, May 1—May 29
Time: Fridays, 3:45—4:30 p.m. or
 4:45—5:30 p.m.
Location: Muzzey Field

ARCHERY CLINIC

During this five-week program, participants will work with certified instructors from Archery USA to learn how to properly shoot a bow and arrow.

Fee: \$108
Ages: 9—14
Dates: Thursdays, May 14—June 11
Time: 3:30—5:00 p.m.
Location: Muzzey Field

SPRING YOUTH CHESS CLASSES

Students will join **Jim Della Selva** to explore chess theory and strategies from basic through more advanced levels. The course will consist of instruction, play, theory and group work on chess problems and games. Beginner, Intermediate and Advanced level classes. Class size is limited. **All classes will take place in the Town Office Building Reed Room.**

Fee: \$94
Ages: 5—11 (Beginner)
Dates: Thursdays, April 30—June 4
Ages: 6—13 (Intermediate & Advanced)
Dates: Tuesdays, April 28—June 2
Time: 4:35—5:35 p.m.

FUNDAMENTALS OF FENCING

Whether you are new or more experienced you will learn new techniques and try out the skills in weekly duels and sword games instructed by Mythquest Edutainment staff.

Fee: \$90
Ages: 7—14
Dates: Tuesdays, March 31—May 5
 (no 4/21)
Time: 6:30—7:30 p.m.
Location: Bridge School Gym

SECOND ANNUAL BIKE SMART PROGRAM

In partnership with the Lexington Bicycle Advisory Committee, the Friends of Lexington Bikeways and the Lexington Police Department we will again offer a BIKE SMART program for all 5th graders in Lexington as a part of ***Bike Walk 'n Bus Week***. Bike Smart classes build rider confidence, whether riding for fun or transportation. Students will learn how to evaluate if their bicycle is safe to ride, proper helmet fit, bicycle handling techniques, signaling, and additional biking skills.

Fee: \$5
 Open to Grade 5 students
Date: Thursday, May 14 (rain date 5/21)
Time: 1:30—3:00 p.m.
Location: Bridge School Playground

Pre-Ball

Free

Age: 4 and 5 by 4/30/15 **NO YOUNGER**
Dates: Saturdays beginning May 9
Time: 9:00—9:45 a.m.
Location: To Be Announced



Staffed by Lexington Little League volunteers, and run by Warren Wilson, this program, now in its **30th year**, will teach children the basics of baseball. Children must be accompanied by a parent/ guardian.

The program is FREE, but pre-registration is required.

Registration opens **March 23**. To register, go to: www.lexingtonlittleleague.org.

Once at the website, click on the blue tab at the top of the page for PreBall and follow the registration links and instructions. **The program is open to the first 100 children who register.**

Middle School Early Release Program—Thursday, May 7th

Mini Golf, Bumper Boats, and Ice Cream too!!!



Come along to play mini golf, take a ride on bumper boats, and enjoy homemade ice cream at **Kimball Farm in Westford** on Thursday, May 7, 2015. We will meet you at 11:45 a.m. at your school, eat lunch, and board the bus by 12:30 p.m. for the drive to Kimball Farm. Upon arrival at Kimball Farm we will participate in mini-golf and bumper boat fun, and use your ticket for a small ice cream cone. We will depart Kimball Farm by 3:45 p.m. Your parent/guardian should pick you up between 4:15 and 4:30 p.m. at your school. For Boston students, you will be supervised at your designated school until the late bus picks you up. The fee is **\$40.00** (includes transportation, one round of mini golf, a turn on the bumper boats, and a small ice cream cone). **You will need to bring your lunch to school, or you may choose to purchase it at the Kimball Farm Snack Shack.** Some financial assistance is available upon request. Please contact the Recreation Department, 781-698-4800 for more information.

Middle School Early Release Day Program

Return the form along with your **check** no later than **Thursday, April 16th** to the **Lexington Recreation Department office (not your homeroom teacher)**. Space is limited, and the trip may be full prior to this date. **Please make check only payable to: Town of Lexington.** ***In order to receive a refund or program credit you must cancel your child's slot by 4:30 p.m. on May 1, 2015.***

Name _____ Home Phone _____
 Parent's Cell Phone _____ Work Phone _____
 Address _____ Zip Code _____
 Date of Birth _____ M ___ F ___ Grade _____ School _____
 Email Address: _____

If your child has any medical issues or allergies we should be aware of please list here: _____

I/We, the parent(s)/guardians of the above named minor, hereby consent to his/her participation in the Middle School Early Release Program at Kimball Farm in Westford, MA, sponsored by the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorney from any and all liability or expense arising out of any injury involving or on account of any injury to above named minor in conjunction with this program.

- Phone/cell phone where parent can be reached on Thursday afternoon, May 7th _____
- Or, in the event of an emergency, please call: Name: _____ Phone: _____
- If I cannot be reached in an emergency, I hereby give permission to the Town of Lexington staff to authorize a physician at a local hospital to secure proper treatment for my child as named above.
- I understand that my child will be picked up at his/her middle school and transported to Kimball Farm on a C&W school bus. The trip participants will be dropped off at their designated school for a 4:15 p.m. pick up. I will be **on time** picking up my child.
- ***I understand that if the trip to Kimball Farm is canceled because of adverse weather the participants will be dismissed from their middle school at the early release day time of 11:45 a.m., and payment will be refunded or credited to your account. Information regarding a weather cancellation will be announced at the middle schools and put on the Recreation Department information line: 781-698-4810.***

Parent/Guardian Signature _____ Print name _____ Date _____

Return this registration form with a **check in the amount of \$40.00** payable to the **TOWN OF LEXINGTON** to the Lexington Recreation Department office, 1625 Massachusetts Avenue, Lexington, MA 02420.

The registration deadline (if space is still available) is: April 16, 2015.



SPRING ADULT PROGRAMS

BALLROOM DANCE CLASSES

- **Beginner Ballroom** Join Francis Floyd to learn the basics of Fox Trot, Cha Cha and Rumba in this class. This is a great class for upcoming proms and weddings!
- **Level II & Advanced Ballroom** Intermediate dancers will improve upon those steps learned in the beginner class, and be introduced to the Tango and Rumba. More advanced dancers will sharpen their dancing skills, and learn new dances.

Fee: \$100
Dates: Tuesdays, April 7—June 9 (no 4/21)
Time: Beginner, 6:30—7:30 p.m.
 Level 2+, 7:30—8:30 p.m.
Location: Harrington School

INTRO TO STAND-UP PADDLEBOARD

Stand-up Paddleboarding is just rocketing in popularity. Many describe the feeling as walking on water. The best way to describe it is to imagine using a long canoe paddle to paddle a surf board. Of course the best way to really understand it is to take a class. You can creep along the side of a pond with a great look at the fish below or use it as a core workout. Like everything **Still River Outfitters** offers, this is super fun! Give it a try!

Fee: \$75
Age: 10—14
Date: Thursday, June 11
Time: 4:00—6:00 p.m.
Age: 15+
Date: Thursday, June 11
Time: 6:00—8:00 p.m.
Location: Old Reservoir

CPR FOR THE PROFESSIONAL RESCUER RECERTIFICATION

Participants **MUST** bring their book, pocket mask and current Red Cross certification card with them to class.

Fee: \$100
Date: May 5 or May 6
Time: 6:00—10:00 p.m.
Location: Town Office Building

FIRST AID/CPR/AED FOR THE WORKPLACE

The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries, and to provide basic care for life threatening or cardiac emergencies in adults and children.

Fee: \$130
Dates: June 9 AND June 11
Time: 6:00—10:00 p.m.
Location: Town Office building

CPR/AED RECERTIFICATION

Participants must bring their book and current CPR Certification Card with them.

Fee: \$90
Date: June 18
Time: 6:00—10:00 p.m.
Location: Town Office Building

FIRST AID BASICS

The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries until advanced medical personnel arrives. *Recreation Department employees receive a discount when registering for these classes. Summer staff must call the Recreation Department at 781-698-4800 to register at the employee rate.

Fee: \$90
Date: May 19
Time: 6:00—10:00 p.m.
Location: Town Office Building

WOMEN'S FITNESS BOOT CAMP

This popular 12-week fitness program designed specifically for women will incorporate upper and lower body weight exercise as well as cardiovascular activities. Band work and many body weight exercises will be included. Paul McManus returns to lead this program. All levels of ability are welcome with a doctor's certificate. Women should bring a jump rope, thin exercise mat and two 5—10 lb. hand weights.

Fee: \$200 days per week
 \$105/1 day per week
Ages: 21+
Dates: Tuesday and or Thursday
 April 7— June 2
Location: Lincoln Park Field # 2

SPRING ADULT PROGRAMS



"LEX GET FIT!"- Cardio Boot Camp for Women

Tired of your work-out routine or simply just need to start a new one? Join this outdoor boot camp set up exclusively for women. You will get a great work-out, rain or shine! The hour always includes warm-up, dynamic stretch, cardio, core work, flexibility, strength and cool down components. Every class is different and you will never get bored. Take it at your own pace and all levels of fitness welcome. Some classes have a theme, while

other classes have you work through stations, circuit training, Tabata style timing, partner activities, or group games. During the 8-week session you will be introduced to exercises with kettle bells, gliding discs, cordless jump ropes, BOSU balls, resistance bands, stability balls, medicine balls, and more! Wear your sneakers to class and bring your yoga mat, hand weights and water. If you don't have equipment, they will be provided for you. Classes are taught by **Shannon Amsler**, a 6 season veteran instructor of this class. **No class Memorial Day, Monday, May 25, 2015.**

Fee: **\$125 1 day per week**
\$220 2 days per week
\$290 3 days per week
Dates: Monday, Wednesday, Friday
 April 27–June 22
Time: 9:15–10:15 a.m.
Location: Lincoln Park Field # 2

BODY CORE: A Total Fitness Class

Body Core is a total body workout class that includes low impact-high intensity cardio routines, body-sculpting, core strengthening exercises using the Pilates method, and Yoga stretching. You will learn to strengthen and sculpt lean muscle, increase flexibility, and improve your posture. **Ellen Gaies** will show you how to get dancer fit and achieve a stronger body. Please bring a rollup mat, aerobics style shoes, and hand weights. Optional: bring a large or small fitness ball and handled stretch band.

Fee: **\$56**
Dates: Thursdays, April 9–June 4
 (no 4/23)
Time: 6:00–7:30 p.m.
Location: Hastings School

R.A.D. WOMEN'S SELF DEFENSE

The Lexington Police Department and the Lexington Recreation Department are proud to be collaborating on this very important Women's Self Defense Program. Over the course of the program, taught by Lexington Police Officer Charles Crayton, students will be involved in a discussion of risk reduction strategies, date rape, continuum of survival, defensive strategies and the basic principles of defense. Participants will then begin the process of hands-on training. The program will culminate with students participating in "simulated assault" scenarios at full contact with RAD instructors. Women have the opportunity to utilize their skills in a safe training environment monitored by instructors. Participants should wear loose fitting, comfortable clothing and bring a water bottle to class. Enrollment limited.

Fee: **\$50**
Dates: Mondays, April 6, 13, 27,
 May 4, May 11
Time: 6:00–9:00 p.m.
Location: Clarke Middle School
NOTE: Women who have participated in a prior R.A.D. class through Lexington Recreation may register at no charge.

EVENING YOGA

Join certified instructor **Keith Herndon** in this physically balancing workout of Yoga. Yoga is famous for harmonizing mind and body through stretching, breathing, deep relaxation, range of movement, and a calm inner focus. Participants should bring a yoga mat and water bottle.

Fee: **\$100**
Dates: Tuesdays, April 28–June 16
 Wednesdays, April 29–June 17
Time: Tuesdays, 7:30–8:30 p.m.
 Wednesdays, 7:00–8:00 p.m.
Location: Bridge School

LOW IMPACT ZUMBA

Join the PARTY in this dance/fitness class that takes the work out of working out! The energizing music uses a variety of Latin, international and pop rhythms, and will have you sweating, smiling, shedding inches and toning up, while protecting your joints, tendons and ligaments! This cardio/body toning class is very easy to follow and no prior experience is needed. Whether you are just starting/getting back on your fitness journey, or are extremely fit; if you are on weight loss program, or coming back from an injury, come join the party! Modifications will be given for those students wanting a higher impact.

Fee: **\$104**
Dates: Tuesdays, April 28–June 16
 Fridays, May 1–June 19
Time: Tuesdays, 7:30–8:30 p.m.
 Fridays, 9:30–10:20 a.m.
Location: Hastings School–Tuesday
 First Parish Church–Friday



THE WHERE AND WHEN OF MAKING A TENNIS RESERVATION

All tennis reservations must be made in person. Telephone calls are not accepted.

April 1—May 8

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

Weekdays, May 11—August 14

Tennis Reservations at the Tennis Booth ONLY.

- | | | |
|------------------------|---------------|----------------------|
| • May 11th– June 5th | Monday—Friday | 3:00 p.m.—7:30 p.m. |
| • June 22nd–July 2nd | Monday—Friday | 1:00 p.m.—7:30 p.m. |
| • July 3rd | Friday | 10:00 a.m.—2:00 p.m. |
| • July 6th–August 14th | Monday—Friday | 4:30 p.m.—7:30 p.m. |

Weekends, May 9—August 16 Tennis Reservations at the Tennis Booth ONLY.

Saturday & Sunday

10:00 a.m.—2:00 p.m.

August 17—October 23

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

- The **Tennis Booth** is located at the Center Recreation Complex/Town Pool Bath House on Worthen Road. Tennis reservations may be made up to one week in advance at the tennis booth.
- A person may make only one reservation (one hour/one court) for any given day.
- Reservations must be made at least one hour before the requested court time.
- Unlighted courts are available for reservations seven days per week, 7:00 a.m.— 8:00 p.m.
- There are four lighted courts at the Center Complex Gallagher Tennis Courts available for night play **with a paid reservation** until 9:00 p.m.

TENNIS COURT RESERVATION FEES

\$ 60.00	Lexington Resident Tennis ID Cards
\$ 45.00	Lexington Resident Senior Adult Tennis ID Cards (age 62+)
\$100.00	Non-Resident Tennis ID Cards
FREE	Daily Non Lighted Court Reservation per hour with ID Card
\$ 10.00	Daily Non-Lighted Court Reservation per hour without ID Card
\$ 10.00	Lighted Court Reservation with ID Card
\$ 20.00	Lighted Court Reservation without ID Card

COURT LOCATIONS

- Gallagher Tennis Courts at the Center Recreation Complex—10 courts (4 lighted)
- Clarke Middle School—3 courts
- Adams Playground (Massachusetts Avenue, behind the Waldorf School) - 2 courts
- Valley Road (off Bedford Street across from Mobil gas station) - 2 courts

SPRING YOUTH AND ADULT TENNIS OPPORTUNITIES

ADULT TENNIS LESSONS

\$72

The **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 5 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes. ***Lesson participants are NOT permitted to attend lessons on days and times for which they have not registered and paid in order to make up a missed class.***

Non-resident tennis lesson registration begins Monday, March 16. Adult non-resident rate is \$82

Saturdays, April 25—May 30 (no 5/23)

- Beginner 9:00 a.m.
- Advanced Beginner 10:00 a.m.
- Intermediate 11:00 a.m.

Wednesdays, May 13—June 17

- Beginner 6:30 p.m.
- Advanced Beginner 7:30 p.m.

Thursdays, April 30—June 4

- Beginner 6:00 p.m.
- Advanced Beginner 7:00 p.m.
- Intermediate 8:00 p.m.

Beginner Designed for the brand new player or inexperienced recreational player. Introduces serve, volley, forehand, and backhand strokes, court positions, and tennis terms.

Advanced Beginner Reviews beginner strokes with emphasis on stroke execution. Introduces lob, overhead, scoring and rules. Students must know the basic strokes and forehand rallying.

Intermediate For those wishing to perfect their strokes through drills with emphasis on consistency, singles, and doubles strategy and match play.

PRE-K & K TENNIS LESSONS

\$60

Ages: 4, 5 & 6

Dates: Tuesdays, April 28—May 26

Times: 3:30—4:00 p.m. or 4:15—4:45 p.m.

Location: Valley Tennis Courts

The Recreation Department is pleased to offer this 5-week spring tennis program for children ages 4, 5 & 6. Participants will be introduced to the sport of tennis, work on stroke development and become familiar with the rules of the game.

CLASS SIZE LIMITED TO 6!

AGE 7 & 8 YOUTH TENNIS LESSONS

\$60

Dates: 5 Thursdays, April 30—May 28

Time: 2:30—3:00 p.m.

Location: Valley Tennis Courts

The Recreation Department is pleased to offer this 5-week spring introductory tennis program for children. Participants will be introduced to the sport of tennis, work on stroke development and learn the basic rules of the game.

AGE 9, 10 & 11 TENNIS LESSONS

\$90

Dates: 5 Thursdays, April 30—May 28

Time: 3:10—3:55 p.m.

Location: Valley Tennis Courts

The Recreation Department is pleased to offer this 5-week, 45 minute per week introductory tennis program for children ages 9—11. Beginner players will be introduced to the sport of tennis, work on stroke development and serves, and familiarize themselves with the rules of the game.

AGE 12—16 SPRING TENNIS LESSONS

\$90

Dates: 5 Thursdays, April 30—May 28

Time: 4:05—4:50 p.m.

Location: Valley Tennis Courts

This 5-week, 45 minute per class introductory tennis program, is designed to introduce beginner players to the sport of tennis, work on stroke development and serves, and learn the basic the rules of the game.



SUMMER YOUTH AND ADULT TENNIS OPPORTUNITIES

The Lexington Recreation Department **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 6 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes.

Class size is limited to a maximum of 8 per class, so advanced registration is required by mail, phone, online, or at the Recreation office. Registration is on a first come, first serve basis. Non-residents may register as of March 16th. **CLASSES ARE HELD AT THE GALLAGHER TENNIS COURTS 1 & 2.**

Participants are NOT allowed to attend lessons on days & times for which they have not registered and paid in order to make up a missed class.

Saturday—A.M. : 9:00—B, 10:00—AB; 11:00—I \$85

- Summer Lessons: June 27—August 1 (no 7/4)
- Fall Lessons: September 12—October 10

Wednesday—P.M. : 6:30—AB; 7:30—I \$85

- Summer Lessons: July 8—August 5

Thursday—P.M. : 6:00—B, 7:00—AB, 8:00—I \$85

- Summer Lessons: July 9—August 6
- Fall Lessons: September 3—October 8 (no 9/24)

YOUTH SUMMER ADAPTIVE TENNIS LESSONS \$60/week

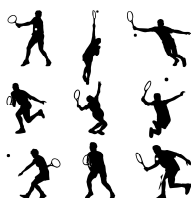
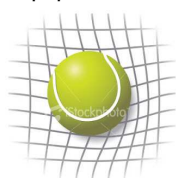
Ages: 6—16

Dates: 7—one week sessions (Monday—Thursday)
June 29, July 6, July 13, July 20, July 27,
August 3, and August 10

Time: 4:00—4:50 p.m.

Location: Gallagher Tennis Courts at the Center Recreation Complex

Using guidelines and resources developed by the USTA, the Lexington Recreation Department is pleased to offer a series of adaptive tennis lessons for children and teens with disabilities or differing abilities and challenges, ages 6—16. The lessons are designed to promote the benefits of tennis to all, improve balance, mobility, agility, strength, fitness, self-confidence, and provide social interaction using Quick Start methods, courts and equipment.



The Recreation Department **Youth Tennis** staff is looking forward to another fun and exciting summer. Instructors will teach children using the **USTA Quick Start Tennis Program** with an exciting lesson and play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Lexington Recreation **Quick Start** will divide players into three different levels: ages 5 & 6, ages 7 & 8 and ages 9 & 10. We will continue to offer lessons for children ages 11+, and a class for those age 4. Lessons will run Monday through Thursday at the **Gallagher tennis courts at the Center Recreation Complex**, with Friday reserved for rain make-ups. New sessions begin each Monday morning. Lessons will have a 1:6 staff to children ratio. Participants must bring a tennis racquet, sunscreen and a water bottle.

YOUTH TENNIS LESSONS

		<u>Before 5/1</u>	<u>After 5/1</u>
Age 4:	11:00—11:30 a.m.	\$35	\$45
Ages 5 & 6:	9:00—9:50 a.m.	\$60	\$70
	10:00—10:50 a.m.	\$60	\$70
Ages 7 & 8:	9:00—9:50 a.m.	\$60	\$70
	10:00—10:50 a.m.	\$60	\$70
Ages 9 & 10:	9:00—9:50 a.m.	\$60	\$70
	10:00—10:50 a.m.	\$60	\$70
Ages 11 +:	11:00 a. m.—12:30 p.m.	\$80	\$90
Session 1: June 29—July 2		Session 2: July 6—9	
Session 3: July 13—16		Session 4: July 20—23	
Session 5: July 27—30		Session 6: August 3—6	
Session 7: August 10—13			

YOUTH TENNIS CLINIC

Monday—Thursday, 2:00—5:00 p.m.

The **Afternoon Tennis Clinic** is designed for beginner and intermediate players ages 7—13. One or two weeks of drill work will emphasize match and tournament play. Participants will be exposed to different tournament styles and gain experience through daily practice. After an afternoon of tennis, participants have the option to cool off in the town pool at 4:30 or remain at the courts to scrimmage. Both options are supervised by tennis staff. Participants must bring a tennis racquet, snack, water bottle, sunscreen, bathing suit and towel. Everyone must be picked up by 5:00 p.m. in front of courts 3 & 4. The Tennis Clinic will run from 2:00—5:00 p.m., Monday through Thursday, with Friday used as a rain makeup. **Health History/Immunization form required.**

Session 1: June 29—July 2 (\$105) Session 2: July 6—16 (\$180)
Session 3: July 20—30 (\$180) Session 4: August 3—6 (\$105)



SUMMER PRE-SCHOOL AND KINDERGARTEN PROGRAMS

KIDDIE CAT JAM - Ages 3 and 4

Soccer, t-ball, basketball, softee hockey, balloon ball, and kick ball are among the "sports" included in this week-long program. Games and other activities such as theme days are sprinkled in as well. **Health History/Immunization form required.**

Fee: \$65/week
Age: 3 & 4
Weeks: June 22–26, July 6–10 and July 13–17
Time: 8:30–9:20 a.m.
Location: Center Recreation Complex Field #2

KIDDIE CAT JAM - Ages 4 to 6

Soccer, t-ball, basketball, softee hockey, balloon ball, and kick ball are among the "sports" included in this week-long program. Games and other activities such as theme days are sprinkled in as well. **Health History/Immunization form required.**

Fee: \$130/week
Age: 4–6
Weeks: June 22–26, July 6–10 and July 13–17
Time: 9:30 a.m. - 12:00 noon
Location: Center Recreation Complex Field #2

CHALLENGER MINI SOCCER

A friendly low key introduction to the basics of soccer through games, stories, skill-building activities and fun. This new program is run by the popular **Challenger British Soccer Camps**. **Health History/Immunization form required.**

Fee: \$119/week
Age: 3–6
Weeks: August 3–7, August 10–14
Time: 9:00–10:30 a.m. **or** 10:30 a.m.–12:00 noon
Location: Center Recreation Complex

TEDDY BEAR PICNIC



Our friendly staff are looking forward to an exciting summer of making new friends, child centered projects and activities and a whole lot of FUN! The program includes singing and movement activities, story and project time, group games and of course swimming and sand play at the **OLD RES.** We have changed the program hours for 2015. Teddy Bear Picnic will run from 9:00 a.m. to 12:00 noon.

Fee (week 1): \$80
Fee (weeks 2–7): \$100/week
Age: 3–6
Weeks: June 29–July 2*, July 6–10, July 13–17, July 20–24, July 27–31, August 3–7 and August 10–14
Time: 9:00 a.m.–12:00 noon
Location: Old Reservoir Picnic Area

Pack a bag with a towel labeled with child's name, as well as a light snack and drink. Children should wear play clothes over their bathing suits. **WE LOVE TO GET MESSY!** All children must be toilet trained.

Health History/Immunization Form required.

TEDDY BEAR PICNIC LUNCH BUNCH

Teddy Bear campers are invited to spend an extra hour with their counselors enjoying more activities at the beach and a picnic lunch, which you bring.

This option will be available on **Tuesday, Wednesday and Thursday** from 12:00 noon to 1:00 p.m. Registration by check or cash only on Monday of each week.

Fee: \$10/day or \$25/all 3 days
Time: 12:00 noon–1:00 p.m.
Location: Old Reservoir Picnic Area





SUMMER YOUTH SPORTS CLINICS

CHALLENGER BRITISH MULTI SPORT

Challenger's team of British coaches will provide your boys and girls, with a memorable week of nonstop action, fun and competition - all with a British twist! Children will learn new British sports and develop new skills with team-building activities that include Tag Rugby, Cricket, Rounders, Net Ball, Team Handball and more. They will also learn about respect, responsibility, integrity, sportsmanship and leadership, while playing hard, having fun and making new friends. Full day players should bring lunch. *No swimming. Health History/Immunization form required.*

Fee: \$163 (half day) \$226 (full day)
Age/Time: 7–12 9:00 a.m.—12:00 noon
7–14 9:00 a.m.—3:00 p.m.
Dates: July 13–17
Location: Center Track Field

ADVENTURE KIDS KAYAKING

This program offered by **Still River Outfitters** runs for 9 hours over 3 days. It combines recreational kayaking skill development with Adventure Education initiatives for a truly unique experience. Participants will learn to overcome challenges individually through paddling and as a team throughout fun challenge games. Staff members are ACA Certified instructors and Trained Adventure Facilitators.

Health History/Immunization form required.

Fee: \$160
Age: 8–14
Weeks: July 13–15
Time: 2:00–5:00 p.m.
Location: Old Reservoir

SUMMER ARCHERY CLINICS



Learn to shoot a bow and arrow through this **Archery USA** junior development program taught by certified instructors. Students progress at their own pace.

No Swimming. Health History/Immunization form required.

Fee: \$115/week
Age: 9–14
Weeks: July 13–17
August 3–7
Time: 9:00–10:45 a.m. **OR**
11:00 a.m.—12:45 noon
Location: Lexington Community Center
39 Marrett Road

ELITE SOCCER CAMP

A co-ed program, run by **Tim Wheaton** former Head Coach at Harvard University, designed to provide a supportive environment where players can develop their individual skills and understanding of tactics of the game. Groups are divided by grade and ability. Players should wear shin guards, cleats, bring a water bottle, snack, lunch, soccer ball, water-proof sun-screen, and sneakers. Indoor space available during inclement weather.

No Swimming. Health History/Immunization form required.

Fee: \$155 (half)
\$260 (full)
Age: 6–12
Weeks: July 20–24
Time: 9:00 a.m.—12:00 noon (half day)
9:00 a.m.—3:00 p.m. (full day)
Location: Diamond Middle School

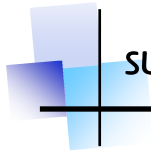
ADVANCED ELITE SOCCER CAMP

Directed by **Tim Wheaton**, former Head Coach at Harvard University and 1999 National Coach of the Year, this program is designed for the serious, dedicated player with the desire to improve and progress to the next level. The curriculum will emphasize technique, in-depth tactics and small-sided play. Players should wear shin guards, soccer cleats and bring a soccer ball, water, snack and lunch, sneakers and water-proof sun screen. Indoor space available during inclement weather.

No Swimming. Health History/Immunization form required.



Fee: \$155 (half)
\$260 (full)
Age: 12–18
Weeks: July 20–24
Time: 9:00 a.m.—12:00 noon (half day)
9:00 a.m.—3:00 p.m. (full day)
Location: Diamond Middle School



SUMMER YOUTH SPORTS CLINICS

CHALLENGER BRITISH SOCCER



This **British Soccer** Camp is more than just a week of skills and drills. In addition to taking part in a daily regimen of foot skill development, technical and tactical practices and daily tournament style play, each child will also be treated to a rich cultural experience and lessons on teamwork, sportsmanship and self-discipline. All participants should bring a water bottle, sunscreen, shin guards, soccer ball and snack. Full day players should bring lunch. **No swimming. Health History/Immunization form required.**

Fee: \$162 (half day) \$224 (full day)
Age/Time: 7–15 9:00 a.m.—12:00 noon **OR**
7–15 9:00 a.m.—3:00 p.m.
Weeks: August 3–7 or August 10–14
Location: Center Track Field

BLUE SOX BASEBALL CLINIC

Improve your play with instruction and coaching by **BLUE SOX** players and coaches. Participants will learn about base running, bunting, stretching, defense and hitting. Participants are grouped according to age, grade and ability. Players should bring a water bottle and snack each day. **No swimming. Health History/Immunization form required.**

Fee: \$150/week
Age: 8–14
Weeks: July 6–9, July 13–16; July 20–23;
July 27–30; August 3–6;
August 10–13
Time: 9:00 a.m.—1:00 p.m.
Location: Center #1 Baseball Field

THUNDERCAT DODGEBALL & SPORTS

Come have a (dodge) ball with Thundercat Sports! Gator skin safety balls will be used to ensure safety and fun. This program will consist of different dodge ball related games such as: Doctor, Bombardment, Jail Break and more. Other sports and games such as floor hockey, flag football, and soccer will be mixed in to create a fun and exciting program! Program is coed, and every participant receives a t-shirt, and certificate of achievement. Participants should bring a water bottle, snack, and apply sunscreen before arriving. For more information please visit www.thundercatsports.com. **No swimming. Health History/Immunization form required.**

Fee: \$105
Age: 7–12
Dates: June 29–July 2
Time: 9:00 a.m.—12:00 noon
Location: Center #2 Softball Field

THUNDERCAT FLAG FOOTBALL

Throw it, catch it, punt it...pigskins beware! Participants will learn fundamental skills from coaches through unique drills, games, and teaching techniques. Skills taught include passing, catching, running, offensive / defensive strategies, and more. Theme days, trivia, and a Super Bowl tournament at the end of the program add to the excitement! **The program is coed**, and every participant receives a Thundercat football, t-shirt, and certificate of achievement. **No Swimming. Health History/Immunization form required**

Fee: \$130 (half); \$180 (full)
Age: 8–14
Weeks: July 27–31
August 17–21
Time: 9:00 a.m.—12:00 noon (half day)
9:00 a.m.—3:00 p.m. (full day)
Location: Diamond Middle School

THUNDERCAT 3– SPORT CLINIC (flag football, dodgeball, kickball)

Thundercat Sports 3-sport program is designed to give a taste of several sports to young athletes. Enthusiastic coaches will referee, emphasize proper skills, rules, and give tips while maximizing playing time for each child. Unique games and activities will be mixed in creating a fun appropriately competitive atmosphere. The program culminates with tournament day! Program is coed, and every participant receives a t-shirt, and certificate of achievement. Participants should bring a water bottle, snack, and apply sunscreen before arriving. For more information please visit www.thundercatsports.com **No swimming. Health History/Immunization form required.**

Fee: \$130
Age: 7–12
Dates: July 20–24
Time: 9:00 a.m.—12:00 noon
Location: Center #2 Softball Field

PLEASE NOTE: ALL SUMMER PROGRAM FEES WILL INCREASE BY \$10.00 AFTER MAY 1ST. Register Early!



MINUTEMAN SPORTS CLINICS

BASEBALL

All participants will learn new skills to improve their overall game play.

Jason Rajotte, LHS P.E teacher, will guide participants through activities such as throwing, hitting, base running and all aspects of fielding. Through fun activities and modified games, participants will learn the skills needed to be successful on the diamond. Children need a baseball glove, water and a snack. **No Swimming.**

Fee:	\$100
Age:	6—10
Dates:	June 29—July 2
Time:	8:30 a.m.—12:00 noon
Location:	Lincoln Park Little League Field

JUNIOR GOLF PROGRAM

This program at Pine Meadows led again by **Jason Rajotte**, LHS P.E. teacher encourages teenage golfers to play with friends, while improving their game. Each time on the course will present different challenges from team competitions to scrambles. Instruction will focus on golf etiquette, rules of play and other focal points within the game of golf. Players must have playing experience and provide their own equipment. Fee includes general instruction and greens fees. **No Swimming.**

Fee:	\$170/week
Age:	13—18
Weeks:	July 13—16 July 27—30
Time:	1:00—4:00 p.m.
Location:	Pine Meadows Golf Club

STREET HOCKEY CLINICS

Street Hockey will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This program will focus on gradual skill development of the various skills associated with street hockey (stick handling, shooting, passing, etc) and also some game related strategies. The clinic will end with a street hockey mini tournament.

Fee:	\$100/week
Age:	7—16
Weeks:	June 29—July 2 July 13—16
Time:	8:30 a.m.—12:00 noon
Location:	LHS Field House

SKATEBOARD CLINICS

Learn the fundamentals of skateboarding at the Lexington Skate Park. The Level 1 clinic, directed by **Kyle George**, will emphasize basic techniques, use of the park, and safety. Level 2, also directed by Kyle George, takes your skateboarding to the next level with instruction on tricks and use of the ramps, ledges, and rails. Beginners welcome. **All participants must bring a skateboard and helmet.**

Fee:	\$100/week
Age:	6—10
Weeks:	July 13—16 (Level 1) August 10—13 (level 2)
Time:	8:30 a.m.—12:00 noon
Location:	Lexington Skate Park (Worthen Rd.)

ULTIMATE FRISBEE & FLAG

LHS P.E. teachers **Mandy Ciarletta** and **Steve Solly** will guide participants in activities geared to increase their Ultimate Frisbee and Flag Football knowledge, enjoyment and game play. This clinic will instruct participants in proper warm-up and fitness techniques, and is a nice compliment to the July evening BUDA program and the TCAT Flag football clinic in August. No experience needed. This is a non-contact clinic!

Fee:	\$100
Age:	7—12
Dates:	July 27—30
Time:	8:30 a.m.—12:00 noon
Location:	Center Track Field

BADMINTON

Under the direction of **Vic Cuzzupe**, Lexington Public Schools teacher, participants in the beginner week will be introduced to the basics of this fun, popular, sport. The novice players will learn to serve, rally and volley. Participants in the intermediate level clinic will work on skills and participate in more advanced games and tournaments. Badminton is great aerobic exercise that helps increase endurance, reflexes and hand-eye coordination.

Fee:	\$100/week
Age:	8—16
Dates:	July 6—9 (beginner) July 27—30 (Intermediate)
Time:	8:30 a.m.—12:00 noon
Location:	LHS Gymnasium /Field House

ROLLERBLADING CLINIC

Rollerblading will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This clinic will introduce students to the basic skills of rollerblading and then move towards more advanced skating skills (crossovers, skating clinic).

Fee:	\$100
Age:	7—16
Dates:	July 20—23
Time:	8:30 a.m.—12:00 noon
Location:	LHS Field House

UNLESS OTHERWISE NOTED, MINUTEMAN CLINIC PARTICIPANTS WILL SWIM FROM 11:30 a.m. —12:00 NOON, OR 2:00—3:00 PM. PICK UP IS AT THE TOWN POOL



MULTI SPORT CLINIC

This coed Minuteman Clinic, led by **Vic Cuzzupe**, aspires to use sports participation and learning as a means to improve self confidence, enhance the love and enjoyment of sports through skills development and to reinforce the importance of fairness, cooperation and team play during daily games.

BOYS HOOP I

Emphasis will be on the improvement of individual and team skills through drills, demonstrations, games and contests.

GIRLS HOOP I

The emphasis of this program, directed by LHS Girls Varsity Coach, **Steve Solly**, will be to reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack, lunch, bathing suit and towel. From 1:00—3:00 p.m. the girls will be swimming at the town pool. Afternoon pick up will be at the town pool.

COED VOLLEYBALL

Under the direction of **Barbara Locke**, Woburn coach and teacher, participants will be introduced to the basics of serving, hitting, spiking and setting. Fun games and activities will be used to engage the enthusiasm of both the novice and more experienced player.

FIELD HOCKEY

Join **Barbara Locke**, Woburn H.S. Varsity Field Hockey coach and former U.S. Field Hockey Team member, to learn the basics of field hockey and improve skills. Participants should bring water, stick, goggles, shin guards and mouth guard.

GIRLS HOOP II

Join LHS teacher and Girls Varsity Basketball coach **Steve Solly** to develop and improve basketball skills and teamwork. Games, drills, demonstrations and fun contests will be used to teach and reinforce skills.

BOYS HOOP II

This program will reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack and lunch, and bathing suit and towel. The boys will have the chance to swim at the Town Pool from 2:00—3:00 p.m. Afternoon pick up will be at the Town Pool.

SUMMER TRACK CLINIC

Participants will experience a new approach to Track and Field under the direction and guidance of **Russ Bosbach**, Bridge School P.E. Teacher. The clinic is for any child who would like to participate on a school track team or simply wants to have fun and learn some regular exercise techniques. Daily activities will give the athlete a chance to practice a variety of track events and learn the tenets of proper fitness.

HEALTH HISTORY/IMMUNIZATION RECORDS ARE REQUIRED FOR ALL PROGRAMS!

Fee: \$100
Age: 6—12
Weeks: August 3—6 or August 10—13
Time: 8:30 a.m.—12:00 noon
Location: Center Complex #2 Softball Field

Fee: \$100
Age: 8—13
Dates: July 6—9
Time: 8:30 a.m.—12:00 noon
Location: Center Complex Basketball Courts

Fee: \$150
Age: 8—13
Dates: July 13—16
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gymnasium

Fee: \$100
Age: 8—14
Dates: July 27—30
Time: 8:30 a.m.—12:00 noon
Location: LHS Gymnasium

Fee: \$100
Age: 8—13
Dates: July 20—23
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Park Field #3

Fee: \$100
Age: 8—13
Dates: July 20—23
Time: 8:30 a.m.—12:00 noon
Location: Center Complex Basketball Courts

Fee: \$150
Age: 8—13
Dates: July 20—23
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gymnasium

Fee: \$100/week
Age: 8—14
Weeks: July 27—30
 August 3—6
Time: 8:30 a.m.—12:00 noon
Location: Center Complex Track



CHESS, SCIENCE AND TECH PROGRAMS

ALL PROGRAMS, EXCEPT CHESS CLASSES, WILL BE HELD AT THE LEXINGTON COMMUNITY CENTER, 39 MARRETT ROAD.

JUNE CHESS CLINIC

Join **Jim Della Selva** for a week-long chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games.

Fee:	\$108
Age:	6—15
Dates:	June 23—26
Time:	2:30—4:30 p.m.

SUMMER CHESS CLASS

These courses will teach fundamentals and combine instruction, play, group work, chess problems and games. Come learn and improve skills with instruction by U.S. Chess Federation expert, **Jim Della Selva**. **PLEASE NOTE: THESE CLASSES WILL BE HELD AT THE TOWN OFFICE BUILDING—REED ROOM.**

Fee:	\$94
Age:	6—15
Dates:	Beginner, Tues. July 7—August 11 Intermediate, Wed. July 8—August 12
Time:	6:00—7:00 p.m.

AUGUST CHESS MINI CLINIC

Join **Jim Della Selva** for a 3-day chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games. Participants should bring a chessboard and be ready for a fun, challenging three days.

Fee:	\$90
Age:	6—15
Dates:	August 17, 18 & 19
Time:	2:00—4:15 p.m.

LEXINGTON SUMMER CHESS CHAMPIONSHIP

This two-day tournament will be based on rules implemented by the U.S. Chess Federation, and will feature 2 rounds of play each day, combined with instruction to assist all players in the strategies of chess. The players will be divided according to grade and skill, and will receive a chess medal for participation. Trophies will be presented to the top 3 winners of each section.

Fee:	\$60 (tournament only) \$40 (with clinic)
Age:	6—15
Dates:	August 20 and 21
Time:	2:00—4:15 p.m.

WICKED COOL FOR KIDS ~ MINECRAFT MANIA

Minecraft mania is a blend of virtual learning and companion hands-on activities that explore science and engineering using Minecraft. Use an interactive avatar to investigate a game-based educational environment. Minecraft Mania lessons have both computer and real world components covering geology, engineering, physics, and biology. Serious Minecraft Maniacs will be excited to learn about the properties of rocks and minerals and take home their own rock collection. *Children must bring lunch.

Fee:	\$370
Age:	9—14
Dates:	July 13—17
Time:	9:00 a.m.—4:00 p.m. (full day only)

WICKED COOL FOR KIDS ~ MINECRAFT MASTERCRAFTERS

Experience *Minecraft Mastercrafters*, an advanced Minecraft program where educational gaming is offered in conjunction with our hands-on science and engineering activities as focused, companion lessons. Kids, think you've got what it takes to be a Mastercrafter? Hone your Minecraft in this teacher-controlled platform where kids learn and interact virtually in a classroom setting. Student teams will explore, manipulate, problem-solve and build in worlds that have been customized for **Wicked Cool** learning activities. *Children must bring lunch.

Fee:	\$370
Age:	9—14
Dates:	July 6—10
Time:	9:00 a.m.—4:00 p.m. (full day only)

WICKED COOL FOR KIDS ~ LEGO ENGINEERING

We've expanded our LEGO Engineering program to include STEM-based challenges and free-building—two things kids love! Kids will build mechanisms that incorporate gears, flywheels, and cams to build amazing contraptions. Problem solving challenges that kids will love!

Fee:	\$240
Age:	5—11
Dates:	August 3—7
Time:	9:00 a.m.—12:00 noon (half day)

WICKED COOL FOR KIDS ~ ROCKET SCIENCE

All new Rocket Science is a blast for any junior rocketeer! Children will learn about propulsion by building compressed air rockets, water rockets and rockets that blast off via chemical reaction! For a fantastic finish, we will launch our own customized Estes Rocket on Friday (weather permitting).

Fee:	\$240
Age:	5—11
Dates:	August 10—14
Time:	9:00 a.m.—12:00 noon (half day)

DISCOVER THE FUN DAY CAMP

Discover the Fun is a theme based day camp program open to children **entering Grades 1 – 5** as of September 2015. The program will be held at Lexington High School.

NEW IN 2015: The basic camp day will run Monday through Friday, 8:30 a.m. to 3:30 p.m. Extended day hours are available until 4:30 p.m.

In addition to the facilities at LHS, campers will use the Town Pool, Gallagher Tennis Courts, Lincoln Park and the play facilities at the Center Recreation Complex. Each week the campers will participate in a wide variety of theme related games, sports, swimming and nature activities, group/team challenges, and create wonderful crafts projects. Discover the Fun offers weekly special events such as DJ Mike, Safe Routes to School, Historical Scavenger Hunt through Lexington Center, Tie Dye, Wacky Wednesdays and more!!!!

All staff are CPR and First Aid certified, and have had a successful CORI and SORI background checks.

Please contact the Recreation Department to obtain the camp specific application forms. **Health History/Immunization form required.**

*The fees listed include a **\$25.00 per week non-refundable registration fee.** Non-residents are welcome. There is an additional **\$10.00 non-resident fee per week.** Fees will increase by **\$25.00 per week after June 1, 2015.***



Basic Day Fees:	\$184/week 1 \$230/weeks 2–7
Age :	6–11
Week One:	June 29–July 2
Week Two:	July 6–10
Week Three:	July 13–17
Week Four:	July 20–24
Week Five:	July 27–31
Week Six:	August 3–7
Week Seven:	August 10–14
Time:	8:30 a.m.–3:30 p.m.

Extended Day Fees:	
3:30–4:00	\$20/week 1 \$25/ weeks 2–7
3:30–4:30	\$40/week 1 \$50/ weeks 2–7



GIRLS DEVELOPMENTAL BASKETBALL CLINICS

This clinic, offered by the Lexington Recreation Department in partnership with **Hoop Mountain** is designed for committed **girls basketball players** entering grades 7–12 who are looking to raise their skills to the next level. *Staff from Hoop Mountain and the LHS Girls Basketball team will be coordinating and facilitating this new focused clinic.* The clinic philosophy will be based on a progressive and intense skill development approach that **WILL BE** specific to the position played and chosen by each participant (Perimeter Players & Post Players). The girls will also experience some sport-specific tips and exercises that will improve their level of fitness. Fundamentals, footwork, game-situations, and improving basketball IQ will be the foundation for this aspect of the clinic.



Age:	13–18 (entering grades 7–12)
<u>Perimeter Player</u>	
Fee:	\$150 resident / \$195 non-resident
Dates:	August 3, 4, 5 9:00 a.m.–12:00 noon
<u>Post Player</u>	
Fee:	\$125 resident / \$175 non-resident
Date:	August 6 9:00 a.m.–1:00 p.m.
<u>Shooting/Scoring</u>	
Fee:	\$150 resident / \$195 non-resident
Dates:	August 3, 4, 5 12:30–3:30 p.m.
<u>Combo Perimeter & Shooting</u>	
Fee:	\$225 resident / \$250 non-resident
Dates:	August 3, 4, 5 9:00 a.m.–3:30 p.m.
<u>Combo Post Player & Shooting/Scoring</u>	
Fee:	\$225 resident / \$250 non-resident
Dates:	August 3, 4, 5 9:00 a.m.–3:30 p.m.



RECREATION PARKS, PLAYGROUNDS AND FIELDS

Adams Park

Location: 739 Massachusetts Ave. (behind Waldorf School)

Facilities: Intermediate soccer field, T-ball field, 2 tennis courts, basketball court, play structure, swings.

Baskin Park

Location: Wyman Road

Facilities: basketball court, open space, T-ball area.

Blossom Park

Location: Blossom Street

Facilities: open space.

Bowman Park

Location: 13 Watertown Street/Pleasant Street

Facilities: trails.

Bowman School Field

Location: 9 Philip Road

Facilities: school playfield, softball field, basketball court, open athletic field, play structure, swings.

Bridge School Fields

Location: 55 Middleby Road

Facilities: school playfield, swings, net climbing structure, play structure, softball field, little league field, open space, trails.

Center Recreation Complex

Location: Worthen Road

Facilities: 1 soccer field, 1 lighted softball field, track, 2 baseball fields (1 lighted), skate park, 2 lighted basketball courts, little league field, 3 tennis practice boards, 10 tennis courts (4 lighted), outdoor pool complex (4 pools), tennis booth, toilet facilities, swings, 2 play structures, football field.

Clarke Middle School Fields

Location: off Brookside Avenue

Facilities: school playfield, regulation soccer field, softball field, baseball field, basketball court, 3 tennis courts, open athletic field, nature trail.

Diamond Middle School Fields

Location: Sedge Road

Facilities: school playfield, softball field, baseball field, soccer fields.

Estabrook School Field

Location: 117 Grove Street

Facilities: school playfield, 2 basketball hoops, softball/junior baseball field, intermediate soccer field, modular play equipment, swings.

Fiske School Fields

Location: 55 Adams Street

Facilities: school playfield, 2 junior baseball fields, play equipment, swings.

Franklin Park

Location: 5 Stedman Road

Facilities: softball/junior baseball field, intermediate size soccer field, play structure, swings, slide, trails.

Freemont Street

Location: Freemont Street

Facilities: wooded area, trails.

Garfield Park

Location: Garfield Street

Facilities: play structure, little league field, trails, swings.

Harrington School Fields

Location: 328 Lowell Street

Facilities: school playfield, softball field, little league field, soccer field, basketball court, play equipment, swings.

Hastings School Field

Location: 7 Crosby Road

Facilities: school playfield, play structure, swings, basketball court, softball/junior baseball, intermediate soccer field.

Justin Park

Location: Justin Street

Facilities: play structure, swings, open space, trails.

Kinneens Park

Location: Burlington Street

Facilities: play structure, swings, 1/4 basketball court, T-ball field.

Lexington Old Reservoir

Location: Marrett Road

Facilities: swimming facility, bathhouse, picnic area, trails.

Lincoln Park

Location: Lincoln Street

Facilities: 3 infill synthetic turf athletic fields, softball field, little league field, fitness path, nature trails, toilet facility, picnic area with grills and shelters, 2 play structures, spring riders, swings.

Marvin Park

Location: Winter Street

Facilities: play structure, swings, basketball court, open space, trails.

Munroe Park

Location: 1403 Massachusetts Avenue

Facilities: play structure, swings, sand digger, open field space, T-ball area.

Muzzey Field

Location: next to 1475 Massachusetts Avenue

Facilities: soccer field, open space.

Oxford/Bow Street Park

Location: Bow Street

Facilities: swing set, Minuteman Bikeway.

Parker School Land (Valley)

Location: Valley Road

Facilities: 2 tennis courts, open space.

Pine Meadows Golf Club

Location: 232 Cedar Street

Facilities: 9 hole public golf course, clubhouse.

Poplar Street Park

Location: Poplar Street

Facilities: open space, trails.

Rindge Park

Location: Rindge Avenue

Facilities: play structure, swings, basketball court, open space, T-ball fields.

Sutherland Park

Location: Sutherland Road

Facilities: softball/junior baseball field, basketball court, play structure, swings, trails, open field space.

Tower Park

Location: Massachusetts Avenue

Facilities: open space, walkways, bikeway.

Valleyfield Park

Location: Valleyfield Street

Facilities: open space, trails.

Willard's Woods

Location: North Street

Facilities: wooded area, trails, orchard, open fields.

OTHER RECREATION AND LEISURE PURSUITS

Teresa and Roberta Lee Fitness ~ Nature Path

The fitness and nature path is 1.35 plus miles and wanders through delightful natural areas as well as around the playing fields at Lincoln Park. There are fifteen (15) self-directed, accessible exercise stations for fitness and nature enthusiasts of all levels to enjoy. The Teresa and Roberta Lee Fitness ~ Nature Path can be accessed from either the entrance to Lincoln Park or from Worthen Road across from the Center Recreation Complex.

Community Gardens

Registration for garden plots for new gardeners will begin in April. Please call the Conservation office at 781-698-4521.

Bicycling

Maps of Lexington bike paths are available at the Recreation Department office, Conservation office, and the Chamber of Commerce.

Stone Meadow April Vacation Youth Golf Clinics

Fee: \$135 payable to Stone Meadow
Dates: April 20–23 (rain date April 24),
Ages/Times: 7–10 8:00 a.m.
11–13 9:00 a.m.
Location: Stone Meadow Golf,
675 Waltham St., Lexington

The Town of Lexington Recreation Department and Pine Meadows Golf Club are pleased to provide Junior Golf Clinics for 2015 at Stone Meadow Golf. These are beginner's clinics for kids to learn the fundamentals of the golf swing and gain insight into the wonderful game of golf. **contact Stone Meadow Golf at 781-863-0445 to register.**

Ball Field Permits

A limited number of ball fields are available for residents to use, field conditions permitting. **Permits are required for play on ALL fields.** Permits are issued at the Recreation Department office on a first-come, first-serve basis. Please contact the Recreation Department.

ED2GO ~ Online Education Courses

Update your skills, discover a new talent, or chart a career path at your own pace and at your convenience with our online courses. Each course runs for six weeks and is comprised of 12 lessons. All materials are made available to you over the World Wide Web. All you need to get started is Internet access, an email address and a Web browser. Take a look at the online site: www.ed2go.com/lexrec to view courses.

Pine Meadows Golf Club

This public course opens in mid-March, weather permitting. The club is owned by the Town of Lexington and managed by New England Golf Corporation. This par 35 course features elevated tees, tree-lined fairways and rolling greens. **NO METAL SPIKES ALLOWED.** Call the Pro Shop at 781-862-5516 for 2015 fees and tee time schedules. **Golf ID cards** (\$10.00) are available at the Recreation Department Office for Lexington Residents **ONLY.** A Golf ID card entitles the holder to reserve tee times up to 14 days in advance.



What a Glorious Month to celebrate Lexington

5th Annual Revolutionary Revelry

- * May Day Celebration
- * Artists en Plein Air and Open Studios
- * Lex "Fly a Kite"
- * Discovery Day
- * La Musique En Fete
- * Street Pianos
- * Delectable Dining
- * Fife and Drum Parade, Tattoo
- * Lex "Tee it Up"
- * Lexington Battle Green BBQ Festival
- * Food Truck Festival
- * Tap Into History
- * Community Picnic
- * Fitness Fridays

***And much More!**

For more information go to: www.tourlexington.us/calendar.html



SWIMMING IN LEXINGTON SWIM TAG REGISTRATION 2015

The Recreation Department operates two outdoor swimming facilities during the summer months. The opening date for both facilities is June 6, 2015. The **Old Res**, located on Marrett Road is a fresh water pond with a sandy beach. Open seven days per week from 10:30 a.m. to 7:00 p.m., it is a favorite place for families and children. The **Irving H. Mabee Town Pool Complex**, located on Worthen Road at the Center Recreation Complex, is also open seven days per week. On weekdays, a variety of programs including American Red Cross swim lessons, adult lap swim, adult aqua aerobics, and Swim Team share pool space, but generally the public swim hours are weekdays 12:45–4:30 p.m. and 7:00–8:45 p.m. **Swim lesson information and registration procedures and dates will be included in the summer program brochure, published in early May.**

The Recreation Department sells season memberships to the aquatics facilities. The **swim tag** is valid at both the Old Res and Town Pool. Residents may opt to pay a daily fee instead of purchasing a swim tag. **Swim tags will be sold at the Recreation Department Office, 8:30 a.m.—4:00 p.m. Monday through Friday, March 2nd—June 5.** Swim tags can also be purchased at the **Tennis Booth**, which is located next to the Town Pool bath house. The dates and times for the Tennis Booth are as follows:

- | | | |
|------------------------|-------------------|----------------------|
| • May 11th– June 5th | Monday–Friday | 3:00 p.m.—7:30 p.m. |
| • May 9th–August 16th | Saturday & Sunday | 10:00 a.m.—2:00 p.m. |
| • June 22nd–July 2nd | Monday–Friday | 1:00 p.m.—7:30 p.m. |
| • July 3rd | Friday | 10:00 a.m.—2:00 p.m. |
| • July 6th–August 14th | Monday–Friday | 4:30 p.m.—7:30 p.m. |

As of June 6th, all swim tags must be purchased at the Tennis Booth. Swim tags will also be available for purchase at **Discovery Day in Lexington on Saturday, May 23rd.**

Purchase your swim tags early. Do not wait for the first hot day of the summer!

<u>2015 SWIM TAG FEES:</u>	\$ 50.00	Senior adult (age 62+)
	\$ 75.00	Individual (ages 3–61)
	\$225.00	Resident family (two adults & all children ages 3–18 residing full time in the same household)
	\$375.00	Non-resident family (available for purchase through March 6th)
	\$150.00	Non-resident individual (available for purchase through March 6th)
	\$ 25.00	Replacement for lost swim tag

<u>2015 DAILY FEES:</u>	\$5.00 per person	Resident youth, adult, and senior adult and each guest
	\$20.00	Resident family maximum at Town Pool or Old Res
	\$6.00 per person	Non-resident youth, adult, and senior adult at Old Res ONLY
	\$24.00	Non-resident family maximum at Old Res ONLY

NO REFUNDS OR CREDITS ARE GIVEN FOR THE PURCHASE OF SWIM TAGS!

Town of Lexington
SUMMER 2015 CAMP & CLINIC
EMERGENCY INFORMATION & HEALTH FORM

PLEASE RETURN PROMPTLY TO:

Lexington Recreation and Community Programs
1625 Massachusetts Avenue
Lexington, MA 02420

CHILD'S NAME _____

CHILD'S DATE OF BIRTH _____ Last _____ First _____ Middle Initial _____
AGE _____ MALE ___ FEMALE ___ FALL 2015 GRADE _____

ADDRESS _____ ZIP _____

HOME # _____ CELL # _____ EMAIL: _____

MOTHER (OR GUARDIAN) _____ WK # _____ CELL # _____

FATHER (OR GUARDIAN) _____ WK # _____ CELL # _____

* * * * *

EMERGENCY INFORMATION: If a parent is not available, please notify:

NAME _____ RELATIONSHIP TO CHILD _____

ADDRESS _____ PHONE# _____

BUSINESS PHONE # _____ CELL # _____

FAMILY PHYSICIAN _____ PHONE# _____

DENTIST / ORTHODONTIST _____ PHONE# _____

INSURANCE CARRIER _____ POLICY# _____

* * * * *

HEALTH HISTORY:

Please fill out the information below. You **MUST ALSO** attach a copy of your child's immunizations and physical record to this form.

IMMUNIZATIONS: Please list dates and **attach a copy of the signed Physician/Immunization Report**

Measles/Mumps/Rubella _____

DPT/TPV _____

Tetanus _____

Tuberculin Test (most recent date & results) _____

Other Immunizations _____

DOES YOUR CHILD HAVE ANY SPECIAL NEEDS THAT THE LEADERS NEED TO BE AWARE OF? IF YES PLEASE EXPLAIN. _____

WHAT SPECIFIC ISSUES RELATING TO PARTICIPANT'S SOCIAL BEHAVIOR AND EDUCATIONAL DEVELOPMENT SHOULD STAFF BE AWARE OF? INCLUDE FOOD ISSUES, FEARS, INTERESTS, ETC. _____

PLEASE FILL OUT SIDE 2

HEALTH HISTORY CONTINUED:

DOES THIS CHILD HAVE ANY ALLERGIES? (Please specify)

DOES THIS CHILD HAVE ANY MEDICAL PROBLEMS REQUIRING SPECIAL ATTENTION? (Please specify)

Please check box and/or circle which program or programs you will be attending.

Program	Dates	Locations
<input type="checkbox"/> Blue Sox Baseball	July 6; July 13; July 20; July 27; August 3 August 10	Center #1 Baseball Field
<input type="checkbox"/> Thundercat Sports Clinics (Kiddie Cat Jam)	June 22–26; July 6–10; July 13–17	Center Recreation Complex
<input type="checkbox"/> Thundercat Dodgeball & Sports	June 29–July 2	Center #2 Softball
<input type="checkbox"/> Thundercat 3–Sport Clinic	July 20–24	Center #2 Softball
<input type="checkbox"/> Thundercat Sports Flag Football	July 27–31; August 17–21	Diamond Middle School Field
<input type="checkbox"/> Challenger British Multi-Sport	July 13–17	Center Track Field
<input type="checkbox"/> Girls Developmental Basketball (Hoop Mountain)	August 3–6	LHS Gym
<input type="checkbox"/> Adventure Kids Kayaking	July 13, 14, 15	Old Reservoir
<input type="checkbox"/> Challenger Soccer Clinics	August 3–7; August 10–14	Center Track Field
<input type="checkbox"/> June Chess Clinic	June 22–26	Lexington Community Center
<input type="checkbox"/> August Chess Clinic/Chess Tournament	August 17–21	Lexington Community Center
<input type="checkbox"/> Wicked Cool for Kids	July 6–10; July 13 –17 August 3–7; August 10–14	Lexington Community Center
<input type="checkbox"/> Elite Soccer Clinic	July 20–23	Diamond Middle School
<input type="checkbox"/> Discover the Fun Camp	June 29; July 6, July 13; July 20; July 27 August 3; August 10	Lexington High School
<input type="checkbox"/> Archery Clinic	July 13–17; August 3–7	Lexington Community Center
<input type="checkbox"/> Minuteman Sports Clinics _____	June 29 – August 13	Center Complex/Lincoln Park
<input type="checkbox"/> Teddy Bear Picnic	June 29; July 6, July 13; July 20; July 27; August 3; August 10	Old Reservoir Picnic Area
<input type="checkbox"/> Youth Tennis Clinics	June 29; July 6; July 20; August 3	Gallagher Tennis Courts

PERMISSION: Parents, please read and sign the Medical Consent and Release of Liability below to complete registration.

I/WE, the parent(s)/guardian(s) of _____, a minor, do hereby consent to his/her participation in the Town of Lexington **Department of Recreation and Community Programs** sponsored programs, pictures to be taken of my/our child for advertisement or promotion of programs and to his/her use of the recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor in connection with such program, hereby give permission to the Town of Lexington Department of Recreation and Community Programs staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

As the undersigned parent/guardian I understand that no confirmations will be mailed and no refunds will be given after the start of the program. Further, this verifies that the participant is up to date with their immunizations and is able to participate in all activities.

Signature _____ Print Name _____ Date _____

NOTE: This EMERGENCY INFORMATION / HEALTH FORM **MUST** be returned to the Recreation office a **minimum of 14 days** prior to the start of the program. **Your child will not be allowed to participate in the program unless this form is on file** and reviewed by the Lexington Health Department.

Please return this form and a copy of you child's physical and immunization record to:

Lexington Recreation and Community Programs
1625 Massachusetts Avenue
Lexington, MA 02420

PLEASE FILL OUT BOTH SIDES OF THIS FORM.

Lexington Department of Recreation and Community Programs
Mail-In Registration Form

Last Name _____ First Name _____ M _____ F _____

Address _____

Home Phone _____ Work Phone _____ Cell # _____

Email Address (please print) _____

Grade

D.O.B. _____ Age _____ Fall 15 _____ School _____ T-shirt size _____

Emergency Contact Name & Phone _____

Special instructions and/or information that the instructor needs to be aware of:

(medical concerns, allergies, special needs, etc.) _____

I/We, the parent(s)/guardian(s) of _____ a minor, or I, _____
_____ hereby consent to participation in the Town of Lexington Department of Recreation and Community Programs, pictures to be taken of my/our child for advertisement and/or promotion of program and to his/her use of recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor in connection with such program, hereby give permission to the Town of Lexington Department of Recreation and Community Programs staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

Adult Participant or Parent Signature _____ **Date** _____

Please Print Adult Participant or Parent Name _____

Program Title	Date/Day/Session	Time	Fee
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____

I would like to donate to the Recreation and Community Programs financial aid fund which allows children to participate in Recreation and Community Programs in the community.

Donation Amount \$ _____

TOTAL PAYMENT INCLUDED (program fees & donation): \$ _____

Type of Payment: VISA _____ MasterCard _____ Discover _____ Check _____ Cash _____

If paying by credit card: Card Account # _____ Exp Date _____

Cardholder Signature _____

Make checks payable to the TOWN OF LEXINGTON and mail registration and payment to:

Lexington Recreation and Community Programs

1625 Massachusetts Avenue, Lexington, MA 02420

You may also use the Town Hall Drop Box in front of the Cary Hall Building

Town of Lexington
Recreation Department
1625 Massachusetts Avenue
Lexington, MA 02420

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ECRWSS
Residential Patron

LEXINGTON, MA

THINGS TO LOOK FOR IN UPCOMING BROCHURES

SUMMER 2015	Town Pool and Old Res Swim Schedule Swim Lesson Schedule & Registration Information Adult Summer Classes and Programs Fall Youth NFL FLAG Football League Summer Fun Fest Super Soccer Stars Programs Lexington Community Center Programs
FALL 2015	Viking Soccer Clinic In-Town Basketball League Youth Basketball Clinic Nashoba Valley Ski and Snowboard Programs Lexington Community Center Programs

Lexington Recreation
Fun and Fitness for All!